

## Sports and Exercise Science Super Curricular Activities

Taster Events and Online Webinars / Lectures / MOOCs	
Access Anytime	<p>Future Learn Courses</p> <p><a href="#">Physical activity in childhood</a></p> <p><a href="#">English Football – a social history</a></p>
Date tbc	<p><a href="#">Physiology – The Science of Life</a></p> <p><a href="#">Mental Skills Training for Sport</a></p> <p><a href="#">Exploring psychological aspects of sport injury</a></p> <p><a href="#">Football: More than a Game - The University of Edinburgh</a></p> <p><a href="#">Learning from sport burnout and overtraining - The Open University</a></p> <p><a href="#">The athlete’s journey: transitions through sport - The Open University</a></p>
On Demand	<p>University of Chichester Sports Psychology</p> <p><a href="#">Recording of a masterclass in psychology</a></p>

Uni Frog Tasks	
Read, Watch, Listen	<p>Use this area to find Subject specific articles, films, TED Talks and books.</p> <p><a href="#">Read, Watch, Listen on UniFrog</a></p>
MOOCs	<p>Use the MOOC function to search Sports online courses in a range of topics. There are 100+ MOOCs that you can start immediately.</p> <p><a href="#">Sports MOOCs</a></p>

## Podcasts & Videos

[TED Talks in Sports Science](#) An endless range of videos on a number of topics.

Talent takes practice

The edge with Joey Barton

The high performance podcast

## Journals & Magazines

[The Journal of Sports Science](#)

[The British Journal of Sports Medicine](#)

[The Journal of Strength and Conditioning](#)

[International Journal of Sport Nutrition](#)

[American Journal of Sports Medicine](#)

## Additional Reading

The Sports Gene – David Epstein

Bounce – Matthew Syed

The Talent Code – Daniel Coyle

[Sports Biographies / Autobiographies](#)